

Safe From The Start

Release of Information

I would like **Safe From The Start** of Northwest Cook County staff to contact me about services and resources that are available to me, my child(ren), and/or family. I understand that signing this consent does not obligate me or my child(ren) to participate in the program.

Name _____

Relation to child _____

Child's Name(s) _____

and ages _____

Address _____

Phone # _____

Best time of day for staff to call _____

Referral Source _____

Signature _____

Date _____

WHAT TO DO IF YOUR CHILD HAS BEEN EXPOSED TO VIOLENCE:

- Reassure your child that it was O.K. to tell.
- Believe your child.
- Allow and encourage your child to express their feelings.
- Explain to your child that he/she is not to blame for the violence.
- Avoid becoming over protective.
- Maintain a structured routine.
- Educate yourself and family about the impact of violence.
- Reach out for help.

**VIOLENCE
HURTS KIDS**
You can help
by calling **SAFE
FROM THE START**
**1-888-774-
SAFE**

Safe From The Start

Coalition Members:

- ♥ CEDA Northwest
- ♥ Children's Advocacy Center
- ♥ Community Crisis Center
- ♥ Cook County Public Health Dept.
- ♥ Department of Children and Family Services
- ♥ Elk Grove Police
- ♥ Evenstart
- ♥ Family Violence Coordinating Council
- ♥ Hanover Park Police
- ♥ Hanover/Schaumburg LANS
- ♥ Hanover Township Mental Health Board
- ♥ Hanover Township Youth and Family Services
- ♥ Hoffman Estates Health and Human Services
- ♥ Hoffman Estates Police
- ♥ Kenneth Young Center
- ♥ Life Span
- ♥ Mount Prospect Police
- ♥ NW Center Against Sexual Assault
- ♥ Parents Who Care
- ♥ Salvation Army Community Counseling Center
- ♥ Schaumburg Police
- ♥ Shelter, Inc.
- ♥ Spectrum Youth and Family Services
- ♥ State's Attorney Office District 3
- ♥ Streamwood Behavioral Health Center
- ♥ Streamwood Police
- ♥ Women In Need Growing Stronger (WINGS)



Funding for this material was provided through the Illinois Violence Prevention

Authority. The views and statements expressed herein do not necessarily reflect the views and opinions of the Illinois

Violence Prevention Authority.



Safe from the Start



Alyssa, 3rd Grade

1535 Burgundy Parkway
Streamwood, IL 60107

Phone number:
1-888-774-SAFE or
(630) 540-0549
Fax number:
(630) 540-9366

*How Violence
Affects Children
Ages 0-5*

Today's children are exposed to violence in their homes, schools, and community. Whether the violence is seen, heard, or experienced it impacts the health and sense of well-being of children and their families.

Children are exposed to violence in many ways:

- ♦ Child Physical Abuse
- ♦ Child Sexual Abuse
- ♦ Child Neglect
- ♦ Domestic Violence
- ♦ School Violence/Bullying
- ♦ Community Violence
- ♦ Media Violence

SIGNS YOUR CHILD MAY HAVE BEEN EXPOSED TO VIOLENCE:

- Nightmares or Changes in Sleeping Habits
- Changes in Eating Habits
- Fears or Anxiety
- Nervousness or Startles Easily
- Aggressive Behavior or Angry Outbursts
- Distractibility
- Poor Attention Span
- Bedwetting or Regression
- Withdrawal from Friends or Favorite Activities

SAFE FROM THE START
is a community response
dedicated to reduce the trauma of
exposure to violence in children
ages 0-5 in the communities of:
**Hanover Park
Hoffman Estates
Schaumburg
Streamwood**

SAFE FROM THE START



in collaboration with
community agencies,
provides the following
FREE services:

CENTRALIZED INTAKE

- Accepts referrals from family members or professionals
- With caregiver's consent, professionals are identified and contacted

SPECIALIZED ASSESSMENT

- Developmentally appropriate (0-5)
- Culturally sensitive
- Assesses symptoms relative to exposure to violence

INTENSIVE CASE MANAGEMENT

- Weekly in person meetings with families
- Occurs at agency, school, child's home, or other safe setting determined by caregiver and SFTS Family Case Coordinator

THERAPEUTIC SERVICES

Children exposed to violence experience symptoms which may interfere with their ability to learn, play, and feel safe. Caregivers may find it difficult to parent their child without support.

SFTS provides:

- * Crisis intervention
- * individual, group, and family therapy
- * play therapy
- * parent education groups and workshops

COMMUNITY EDUCATION AND VIOLENCE PREVENTION

- Can provide presentations at:
Schools, health clinics, & community centers
- Topics include:

Bullying, domestic violence, media violence, child abuse, keeping kids safe, and others

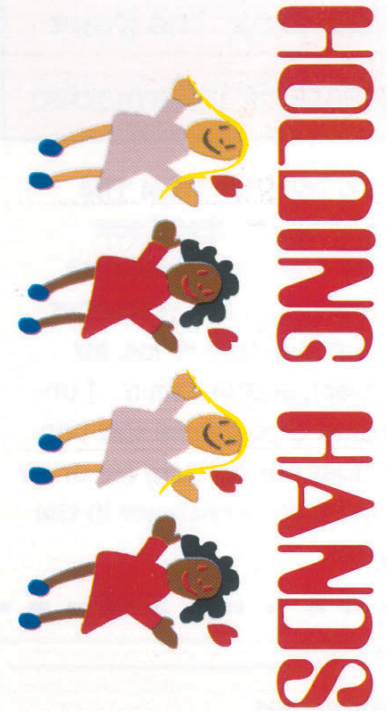
PROFESSIONAL CONSULTATION

- Strictly confidential
- Clinical Consultation for:

Mental health professionals, health care providers, early educators, and law enforcement

SFTS ANNUAL SYMPOSIUM

- Dedicated to educating community professionals
- Current information about young children, effects of violence, and therapeutic interventions



If you are interested in receiving information or services from Safe from the Start, please complete the release form on the back. Tear out the form and give to referral source or mail it to:

Safe From The Start
1535 Burgundy Parkway
Streamwood, IL 60107

If you have immediate concerns call 1-888-774-SAFE