



The Empower Wellness Screening Program

Village of Hoffman Estates

Thoughtfully designed to help you take control of your health.

STAY HEALTHY Take a positive step. Your health is worth it!

Empowerment

Our screening services are thoughtfully designed to provide you with a better understanding of your health. We're empowering you to take the next steps toward illness prevention and a happier, healthier life. Participate in a screening and take control of your future!

SCREENING PROGRAM OVERVIEW

Your Screening Package Includes:

- **Panel C** - Testing that consists of a 37-component blood chemistry profile.
- **Hemoglobin A1c** - Assesses blood sugar levels over the past 90 to 120 days. This test can help diagnose type 2 diabetes and prediabetes.
- **Prostate Specific Antigen (PSA)** - Screens for signs of prostate cancer in men. (Included at no cost for men age 50+)
- **Thyroid-Stimulating Hormone (TSH)** - Screens for signs of thyroid cancer. (Included at no cost for women age 50+)
- Blood Pressure Reading
- Self-Reported Height and Weight with Body Mass Index Calculation
- Empower Health Assessment™
- One year of unlimited access to our user portal, designed to help you understand and grow your health.
- Results are confidentially and securely available online at empower.health within 2-3 days of your event (pending additional tests ordered).
- **Optional Additional Tests** - Additional blood tests can be selected during registration or at the time of service. For a full overview of tests and fees, please see the Additional Tests Menu. This testing will not take extra time to complete.

Schedule your screening and explore helpful health content on empower.health!

Returning Participants: If you previously created an account, sign in under "Welcome Back!"

New Participants: Complete "New User" fields and enter client code: **HoffmanEstatesEHS**

Program Details

You have the power to create a healthy future. Through the **EHS Comprehensive Panel C**, you are given the ability to better understand your health and work towards preventing serious illness. Our Panel C tests the following:

HEART & DIABETES	COMPLETE BLOOD COUNT	KIDNEY, LIVER & THYROID	NUTRITION
Glucose	Red Blood Cells	BUN & Creatinine	Calcium
Total Cholesterol	White Blood Cells	T4 & Potassium	Total Protein
HDL (Good Chol.)	Hemoglobin	Phosphorus & eGFR	Albumin
Non-HDL	Hematocrit	Chloride & Sodium	Uric Acid
LDL (Bad Chol.)	Platelet Count	Alkaline Phosphatase	Iron
Cholesterol Ratio	Red Blood Cell Distribution	Total & Direct Bilirubin	Magnesium
Triglycerides	MCH, MCHC, MCV	SGOT, SGPT, Gamma GTP & LD	

EHS Panel C testing can detect:

- Heart Disease & Stroke
- Diabetes
- Anemia, Infections & Certain Cancers
- Kidney Disease
- Liver & Gallbladder Abnormalities
- Thyroid Disease
- Gastrointestinal Disorders
- Nutritional Disorders

WHO CAN PARTICIPATE?

ELIGIBLE PARTICIPANTS	SCREENING FEES	ADDITIONAL TEST FEES
Covered Employees and their Spouses on the Village's BCBS of IL PPO Plan	No cost to you, covered by company <ul style="list-style-type: none"> • Panel C + A1c: Included for all • TSH: Included for women age 50+ • PSA: Included for men age 50+ 	No cost to you, billed to BCBS of IL PPO
Covered Employees and their Spouses <u>not</u> on the Village's BCBS of IL PPO Plan	No cost to you, covered by company <ul style="list-style-type: none"> • Panel C + A1c: Included for all • TSH: Included for women age 50+ • PSA: Included for men age 50+ 	Self-pay, please see Additional Tests Menu for tests & fees

BCBS Additional Tests

		BCBS PPO	Self Pay
Female Hormone Profile women's health		\$0	\$60
<p>The hormones tested in this screening are follicle-stimulating hormone (FSH) and luteinizing hormone (LH). Testing FSH levels can help identify menstrual irregularities or menopause, and LH can help determine fertility issues. Several factors can cause abnormal test results, including medications, estrogen, progesterone, and if you are menstruating.</p>			
Inflammatory Joint Disease		\$0	\$47
<p>This panel tests levels of RF Factor, C-Reactive Protein, Uric Acid, and ANA. Testing these together can help diagnose autoimmune diseases like rheumatoid arthritis and lupus, as well as gout.</p>			
Prostate Specific Antigen (PSA) men's health	Included at no cost for men age 50+	\$0	\$40
<p>This test can help determine signs of prostate cancer in men. The American Cancer Society and many healthcare providers recommend that men age 50 and over routinely screen for prostate cancer. Men younger than age 50 with a family history of prostate cancer are also encouraged to screen.</p>			
T4, Free men's health women's health		\$0	\$25
<p>The thyroxine (T4) hormone comes in two forms, free T4 and bound T4. This test measures the amount of free T4 in the blood and can help identify thyroid issues or aid in monitoring people with a diagnosed thyroid problem.</p>			
Testosterone (Male Hormone) men's health women's health		\$0	\$47
<p>Testosterone is a reproductive hormone produced at differing levels in both men and women. This test measures testosterone levels to aid in the detection and diagnosis of infertility or glandular disorders.</p>			
Thyroid-Stimulating Hormone (TSH) men's health women's health	Included at no cost for women age 50+	\$0	\$25
<p>The testing of thyroid-stimulating hormone (TSH) is routinely used for the diagnosis of thyroid disease. TSH is produced by the pituitary gland and stimulates the release of T3 and T4 from the thyroid gland.</p>			
Vitamin D men's health women's health diabetes heart health		\$0	\$40
<p>This test measures the amount of vitamin D in the body. Healthy amounts of vitamin D help control your system's calcium and phosphate levels. Your body thrives on vitamin D and needs it to absorb calcium and promote bone growth.</p>			
Vitamin Deficiency Anemia men's health women's health		\$0	\$37
<p>Without enough vitamin B12, folate, and iron in the body, there is a risk for health conditions such as anemia. This test measures if you are getting enough of these vitamins and minerals.</p>			

Please bring your Village of Hoffman Estates BCBS of IL PPO insurance card if applicable. All tests qualify as reimbursable expenses for flexible spending and health savings accounts.

Screening Locations & Dates

Village Hall

1900 Hassell Road, Hoffman Estates, IL

Thursday, October 3, 2024

7:00 am - 11:30 am

Alexa Training Room

Police Station

411 W. Higgins Road, Hoffman Estates, IL

Friday, October 18, 2024

6:30 am - 10:30 am

Police Training Room

Public Works

2305 Pembroke Avenue, Hoffman Estates, IL

Tuesday, October 29, 2024

6:00 am - 10:00 am

Lunch Room

SIGN UP TODAY!
empower.health



1. Go to: empower.health

Returning Participants: If you previously created an account, sign in under "Welcome Back!"

New Participants: Complete "New User" fields and enter client code: **HoffmanEstatesEHS**

A verification email will be sent. Verify your email address to activate your account.

2. On the dashboard, click "Register" to schedule an appointment for an onsite event

3. Complete the Empower Health Assessment™

Click "Begin Assessment" when prompted during registration or from the dashboard.

4. Once you have scheduled an appointment, download and **print one (1) copy of your requisition to bring to your screening (REQUIRED)**

Your results will be available online within 2-3 days of your event (pending additional tests ordered).

Reminders:

- **Fast 8 hours and drink 2 glasses of water 1-2 hours prior to your appointment.**
- Registration closes at NOON the business day prior to your event.
- Payment fees are collected at the event by cash, credit, or check payable to Empower Health Services.
- BCBS of IL PPO members must present their ID card at the time of service to have claims submitted.
- If you have recently experienced any cold, flu or COVID-19 symptoms, please do not attend your event.

NOTE: If you present a BCBS of IL PPO card other than your company's BCBS plan, the cost of the additional tests may not be fully covered and EHS will reach out for payment. Out-of-pocket fees may be applicable due to copays, deductibles, coinsurance or non-reimbursed services. Please verify your benefits before your scheduled service.

Need assistance?

Please contact the EHS Customer Support Team at 866.367.6974 or support@empowerhealthservices.com